

**Kilometer** 673 km  
**Klatring** 13960 klatremeter

<https://www.strava.com/activities/119993761>

Dag 1	101 km	Kommentar
GC500	Maspalomas	
GC500	Arguineguin	
GC500	Puerto Rico	
GC500	Purto Mogan	
GC200	Mogan	
GC605	Ayacata	
GC60	San Bartolome	
GC60	Fataga	2175 klatremeter
GC60	Maspalomas	4t25m "moving time"



<https://www.strava.com/activities/120296857>

**Topptur 1740 moh.**

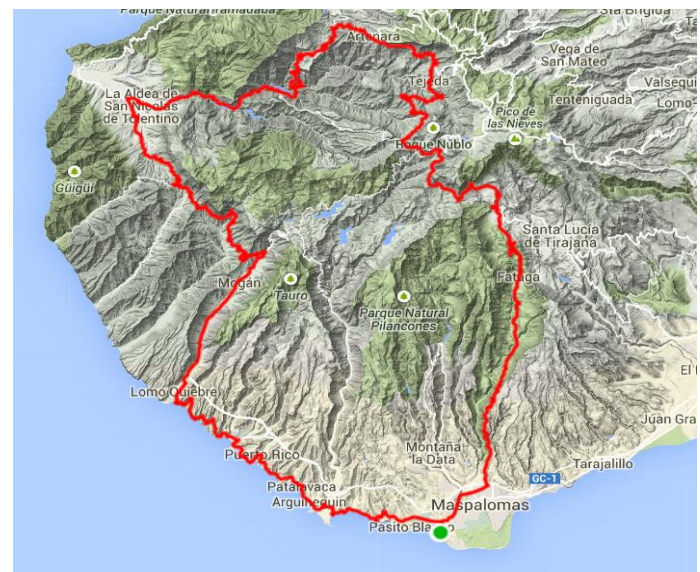
Dag 2	128 km	Kommentar
GC60	Maspalomas	Alternativt: ruta i "revers"
GC60	Fataga	
GC60	San Bartolome	
GC60	Ayacata	
GC600	Pico de las Nieves	
GC600	El Portillo	
GC15	Tejeda	
GC60	Ayacata	
GC605	Arguineguin	2945 klatremeter
GC500	Maspalomas	6t15m "moving time"



<https://www.strava.com/activities/120592226>

**"Dødens Dal"**

Dag 3	154 km	Kommentar
GC500	Maspalomas	
GC500	Arguineguin	
GC500	Puerto Rico	
GC500	Purto Mogan	
GC200	Mogan	
GC200	San Nicolas	
GC210	Artenara	
GC210	Tejeda	
GC60	Ayacata	
GC60	San Bartolome	
GC60	Fataga	3600 klatremeter
GC60	Maspalomas	8t5m "moving time"



<https://www.strava.com/activities/120766765>

**Kviledag**

<b>Dag 4</b>	<b>33 km</b>	<b>Kommentar</b>
GC500	Maspalomas	Kan forlengast ut mot
GC504	Aqualand	Puerto Rico mm.
GC504	Ayagaures	
GC503	Aqualand	450 klatremeter
GC500	Maspalomas	1t30m "moving time"



<https://www.strava.com/activities/121213549>

<b>Dag 5</b>	<b>146 km</b>	<b>Kommentar</b>
GC500	Maspalomas	
GC500	El Doctoral	
GC500	Vecindario	
GC500->GC551	Agüimes	
GC550	Santa Lucia	
GC815	San Bartolome	
GC60	Ayacata	
GC605	Mogan	
GC200	Puerto Rico	2740 klatremeter
GC500	Maspalomas	6t30m "moving time"



<https://www.strava.com/activities/121497329>

<b>Dag 6</b>	<b>111 km</b>	<b>Kommentar</b>
GC500	Maspalomas	
GC500	Arguineguin	
GC505	Soria	
GC605	Ayacata	
GC60	San Bartolome	
GC815	Santa Lucia	
GC55->GC500	Vecindario	
GC500	El Doctoral	2050 klatremeter
GC500	Maspalomas	4t40m "moving time"

